



Hello Everyone~

Here is the March News letter~

**We are still looking for some volunteers for the Boston Marathon.**

They have been so pleased with the response that we got they have expanded the scope of our service!

Boston Marathon Partnership:

Medical Reserve Corps Recruitment Announcement for Ma Region 4A MRC:

The Region 4A Medical Reserve Corps has been invited to participate in the Boston Marathon Medical Team. The Boston Marathon - one of the oldest and most prestigious marathons in the world - provides a unique opportunity for the MRC to provide community service and medical expertise, as well as enhance our visibility with many emergency service agencies in Massachusetts.

Description of duties:

The Sweep Team positions are located beyond the immediate finish line. The team is responsible for coverage of a large area that includes Boylston Street and the surrounding side streets. The Sweep Team, comprised of medical personnel, works in small groups triaging runners who encounter difficulties after completing the race. If the runners need additional medical care, there is a wheelchair portion of the Sweep Team which transports runners needing additional medical assistance - using wheelchairs and Boston EMS golf carts - back to one of the medical tents.

Learning opportunities:

There will be training available specifically for triage of Marathon Runners - offered in April at Newton Wellesley Hospital. Details will follow soon.

There will be a medical conference (Saturday, April 19th at the John Hancock Hall) as a part of the marathon weekend - seminar outlines and registration details will follow.

Both events will be offered free of charge to all BAA Medical Volunteers (CME credits will also be offered for specific medical groups), These seminars are not mandatory, but by participating you will develop a much better understanding of your role and the entire medical plan. You are strongly encouraged to attend.

Race Day (April 21) Requirements:

Meeting Place: Auditorium, John Hancock Hall, 200 Berkley Street, Boston

Expected duration: 7:00 a.m. - 6:00 p.m.

Additional details will be sent to you if you are selected to be a team member.

Point of Contact: Michelle Kanavos [michelle@kanavos.com](mailto:michelle@kanavos.com), phone: 617.962.1998.

NOTES:

Medical Personnel: There are limited slots for Medical Personnel at this time. Application through the MRC will be forwarded to match skills to job openings. You will be notified if you match an available slot.



Non-medical personnel: there are limited non-medical openings, such as medical record-keeping. Other positions include patient transport via wheelchair. Please note you must be able to push a wheelchair with someone in it for a fair distance if working in this position. You will be notified if you match an available slot.

Once notified of your acceptance, you will be given additional instructions for completing an application and providing documentation of your licensing/registration credentials, clothing requirements, directions, food, etc.

#### MA Region 4A representation at the National MRC Leadership Conference - presentation - Oregon

MA Region 4A MRC is very well respected in the National MRC area, we have shared all of our documents that we have posted on our web-page; we have presented at the Best Practices conference in March 2007; and built partnerships with many of the MRC's in MA.

- I will be presenting and representing Region 4A MRC in Oregon, I was invited to present by the National Program office for the Medical Reserve Corps under the Surgeon General.
- I will be presenting with Jodie Silverman, MA Medical Foundation, which is a partner with MA Region 4A MRC
- My presentation will focus on steps to sustaining a successful Medical Reserve Corps by building strong partnerships and forming a nonprofit organization for sustainability.

#### Core Competency Pilot program

- MA Region 4A was asked to participate in the Core Competency pilot program by the National Program office we are one of the 15 MRC chosen to participate in the Nation. They asked us to participate because of the amount of training that we offer our MRC volunteers and also that we are one of the largest MRC in the whole country. The Core Competency pilot group was very impressed with the amount of training that has been offered to our MRC volunteers, we offered almost 100 trainings in 2007
- MA Region 4A MRC will be represented at the conference for all of the hard work we have all done to promote MRC Core Competencies and the MRC program.

#### MRC volunteer of the month:

Please join me in honoring Dr. Joseph Dorsey from Walpole Branch of the MRC. Joe has worked tirelessly to connect with partnering agencies and outside agencies to promote in the Medical Reserve Corps program throughout the Region; he serves on his local Executive Committee and has taken over a dozen classes that



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have been offered to the MRC volunteers in Region 4A. We want to thank him for all of his hard work and dedication to the MRC!

You can nominate a volunteer of the month from your community just send me an email about why they should be nominated as the volunteer of the month. I know there is so many of you out there doing amazing work in your communities!

#### Training spotlight:

Basic First Aid: You will learn how to attend to Breathing emergencies, Identifying and caring for bleeding, sudden illnesses, and injuries and preventing disease transmission. Please look at our training schedule for the upcoming classes:

<http://www.region4a-mrc.org/Training.php>

Make a plan for you and your family:

<http://www.ready.gov> or <http://redcross.tallytown.com/t doc.html>

See the class listings on our web-page:

<http://www.region4a-mrc.org/Training.php>

#### MRC Flix:

Please take advantage of the library of training DVD's for our MRC volunteers (attached)

#### National MRC News:

Learn more about the National MRC program that MA region 4A is part of:

<http://www.medicalreservecorps.gov/HomePage>

#### FLU FACTS:

What you need to know:

There are simple steps you can take to protect your family and yourself:

- Wash your hands
- Cover your cough
- Get yearly flu vaccine
- Make a family emergency plan
- Volunteer in your community



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The materials are available at no cost. An order form is available at [http://www.mass.gov/dph/cdc/epi/flu/flufacts\\_materials\\_request\\_form.rtf](http://www.mass.gov/dph/cdc/epi/flu/flufacts_materials_request_form.rtf).

Learn good Cough etiquette:  
<http://www.coughsafe.com/media.html>

[Ask your friends and Family to volunteer for the MRC:](#)

If you have a friend or family member that you think would want to be a MRC volunteer have them call the local Board of Health or contact me. We would love to have them as a part of our team!

Thank you so much for your time and most of all thank you for volunteering for the Region 4A Medical Reserve Corps~

Take Care~

Liisa Jackson  
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